

Great Rides Events

Great Riders Club

Great Riders Club offers free membership and leads over 100 group rides spring through fall. Sign up at greatridesfargo.com/events to get rolling with us. We'll track your mileage and you'll earn a free member shirt with 8 rides or more in a season. Not sure where to start? Ask us and we'll get you pedaling in the right direction.



Intensity



Length

**ALL RIDES LEAVE FROM GNBC
HELMETS MANDATORY**

MONDAYS

6:00pm – WOWdirt - Women on Wheels Off Road  
Starting April 29th (depending on trail conditions) Women - only off -road ride showcasing some of the trail parks. Women of all skill levels are encouraged to join. Each ride will start and end with an easy ride to the trail areas. Mountain Bike required.

6:30pm – Riding 101  
Starting June 3rd. Relaxed pace, 10 to 12 MPH. Total ride averages 10 miles. This ride is for individuals who want to get out and pedal while learning about group -ride etiquette. All are welcome who want to learn and meet fellow riders.

6:30pm - Family Ride  
Starting June 3rd. Relaxed pace, 8 to 12 MPH, includes a pit stop to play and stretch. Total ride averages 6 to 10 miles. This ride is for families who want to get out and pedal together. Kids in carts; kids spinning their own little wheels; kids who can really roll, they're all welcome on our Family Ride. Grab the whole family and join the fun. This ride ends with a FREE treat for all riders!

TUESDAYS

6pm - Tuesday Night Ride  
Starting April 16th. Conversationally paced, regroup ride for those looking to meld exercising and socializing. 14 - 18 MPH pace over 20 - 25 miles. Learn group riding technique - spinning.

WEDNESDAYS

6pm - Wednesday Night Ride   
Starting April 17th. Moderately paced ride geared toward training and fitness. Recommended for those looking for a group ride with an emphasis on training. 16 to 20 MPH avg. pace, 20 - 30 miles. Learn group riding technique - spinning.

THURSDAYS

6pm - Fitness Ride   
Starting April 25th. Faster paced ride geared toward racing. 18 - 22 MPH pace, 25 miles. Recommended for those looking for a group ride with an emphasis on training, racing techniques, and pack riding.

6pm - Women on Wheels Ride (WOW)  
Starting May 2nd. WOW is a women -only group ride with an emphasis on spinning and socializing. Moderately paced & designed so that the whole group can ride together. WOW will elevate your heart rate and warm your soul. 20 - 25 miles.

6pm - Off Road Ride  
Starting May 2nd (depending on trail conditions). Are you looking to take your bike on some dirt trails? Here's your chance. We'll ride to the trails and explore the best single track riding within city limits. Riders of all levels are encouraged to join us; rides will last around 90 minutes.

SPECIAL RIDES/EVENTS

Great Adventure: Beartooth & Bighorns - June 16-19
The Rockies, real mountains, big climbs and screamin' descents... this trip has it all! Three days of riding over Beartooth pass at 11,000 feet and 200 of the most scenic miles anywhere all packed into a four - day trip. Days are long and the route is challenging, but suitable for most any rider. Cost: \$350. More information at greatridesfargo.org

StreetsAlive! - Sundays, June 23rd and August 25th
StreetsAlive! is a celebration of human - powered movement. Three miles of city streets are closed to car traffic and come alive with walking, biking, blading, running, activities and demos. Two Sundays this summer noon to 5pm. Free and open to the public. www.fmstreetsalive.org

100 person ride – Tuesday, August 13th at 6pm (rain date August 20th) A 20 mile group ride to punctuate and celebrate the growth and success of our Tuesday Night Rides. Be a part of something big and join in this social group ride. Enjoy a post ride snack and beverage on us.

6pm - Take a Kid Mountain Biking  
The Last Thursdays in June, July and August. We'll provide bikes and helmets, you provide the mentorship to inspire the next generation of riders. Contact: aaron@gncycles.com

Other Group Rides
For more group rides led by other riders in the community, including the Y Ride at 5:45am Monday - Friday and Rollag rides on Wednesday evenings at 6:15pm, check out bikefm.org/events.

WINTER RIDES/EVENTS

B-B-BRRR Winter Classic
Save the date! Sunday, January 26, 2020. Wildflower Grove Park in Fargo. Aply named, B- B-BRRR(Border Battle Bike Race on the Red River). More information available as we near the event at greatridesfargo.org/bbbrrr

6pm – Winter Off Road Ride
Are you looking to take your bike on some snow trails? Here's your chance. Explore the best single track riding within city limits. Riders of all levels are encouraged to join us; rides will last around 90 minutes.



GREAT RIDES



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